# Love Causes Learning: A Training Series on Social and Emotional Learning (SEL) for Early Childhood Teachers in Hawaii aka SELove21 (For classroom teachers of children ages 3 to 6 years old)



Erikson Institute, the nation's premier graduate school in early childhood development, in partnership with Chaminade University of Honolulu and the Harry and Jeanette Weinberg Center for Early Education and Development (CEED), offers a yearlong professional development series designed to deepen teachers' understanding of social and emotional learning (SEL) in the classroom. A big MAHALO to the Samuel N. and Mary Castle Foundation for sponsoring this program for early educators in Hawaii.

From August 2021 through August 2022, educators will participate for one Saturday per month including 2 full-day whole-group sessions, 4

synchronous whole-group WebLabs, 7 small group reflection sessions including an orientation meeting, and an online community of practice. Teachers will engage in hands-on/minds-on exploration of SEL as the basis for all other learning that takes place in your classroom. Teachers will gain knowledge, learn new practical activities, and have the opportunity to reflect and set goals based on the SEL content topics presented to create a compassionate and productive classroom and school community.

<sup>\*\*</sup> Prior to the whole-group, sessions a program orientation meeting will take place on Saturday, August 28th, 2021 from 9-11am on Zoom

	Whole-group Sessions	Date (All Saturdays)	Time & Place
1	WHAT & WHY SEL? Why do we need SEL in early childhood when we are the ones who "wrote the book" on this topic?  MINDFULNESS AS A CLASSROOM TOOL: Techniques for students and teachers.	September 11, 2021	6 hours 9 am - 4 pm HT (with breaks) Zoom
2	ADULT SEL: Self-care and self-compassion are not self-indulgence. How paying more attention to yourself leads to kind and productive classrooms.	December 11, 2021	2 hours 9 - 11 am HT Zoom
3	TRAUMA RESPONSIVE TEACHING: Trauma responsive teaching is good teaching for all. For some children, an attachment-oriented approach to teaching is necessary, but for all children, such an approach is beneficial.	February 12, 2022	2 hours  9 - 11 am HT  CEED for OAHU Participants  Zoom for Neighbor Island Participants
4	MINDFUL BEHAVIOR SUPPORT: Helping children with both "stop behaviors" and "start behaviors." Reframing rewards and consequences into support and co-construction of rights and responsibilities.	April 9, 2022	
	PARENT ENGAGEMENT: Sustaining SEL learnings beyond the classroom.	June 11, 2022	
6	SEL STRATEGIES FOR THE CLASSROOM: Practical applications for a smoothly functioning classroom.  CELEBRATION OF LEARNING: Reflections and presentations on a year of learning.	August 13, 2022	6 hours 9 am - 4pm HT <i>(with breaks)</i> CEED for ALL Participants

<sup>\*\*\*</sup> Each whole-group learning session will be followed by small group coaching meetings. See next section for details. \*\*\*

<sup>\*</sup> All sessions in 2021 will take place virtually. Starting in February 2022, WebLab sessions will take place at CEED for Oahu participants and remain virtual for Neighboring Island participants until the final full-day session on August 13th, 2022.

#### **Small Group Coaching Sessions: Reflective Insight Circles**

Participants will come together one month after each WebLab in small groups referred to as Reflective Insight Circles that are led by Erikson facilitators. During the Circles, educators are given the opportunity to discuss newly implemented SEL strategies, evaluate the progress of their learning goals, and receive feedback from peers and facilitators. Meetings will be held on Zoom and occur on Saturdays either from 8-9 a.m. or 12-1pm, depending on participants availability and preference. The following dates are when the Reflective Insight Circles will be held:

October 9, 2021; November 13, 2021; January 8, 2022; March 12, 2022; May 14, 2022; July 9, 2022.

Reflective Insight Circles meet over Zoom.

#### Online Community of Practice: Engagement throughout the Program Year

Erikson facilitators will support teachers' ongoing learning goals in an online forum. Educators will receive individualized feedback and discuss growth and change in practice.

#### **Sharing: A Celebration of Learning**

As part of the final day session, teachers will share presentations about new SEL experiences they have had over the year.

SELove21 participants are expected to attend all of the sessions outlined and participate in the online community of practice throughout the entire year in order to receive PD hours. Participants will receive a certificate of learning upon completion for 30 PD hours. (DOE teachers: Please note that you will receive PD hours only for this program.)

### **SELove21** Participants Receive:

- Multiple classroom resource materials such as: mindfulness chime, comfort objects, mindful coloring sheets (created by an artist on our team), and feelings check-in sheet
- A set of children's books demonstrating SEL concepts
- Recommended educator books and readings addressing SEL concepts
- Ongoing and continued professional support throughout the year with expert facilitators from Erikson Institute and committed colleagues in Hawaii.

#### SELove21 Leader: Amanda Moreno



In high school, Amanda Moreno, PhD, read a book called "Dibs in Search of Self" that influenced her entire career path. The story of a gifted child who has trouble expressing himself and how his interactions with the book's author, clinical psychologist Virginia M. Axline, brought about remarkable changes, resonated with the young Dr. Moreno. "After reading the book, I kept thinking, 'If only all children had greater opportunities and resources to help them realize their full potential," she says. "That's what holds people back — not their level of intelligence."

Throughout her career, which has included direct service, research, and instructional roles, her focus has been on understanding the connections between children's social-emotional well-being and learning. Of particular interest is the role adults play in providing children with conditions that foster positive development and the factors that impact the ability of adults to fulfill that role.

## Please apply by **Sunday, August 8th** via our <u>online application form</u>

Accepted participants will be notified by Monday, August 16th. Please feel free to share this flyer.

Questions? Contact us at academy@erikson.edu

**Training Series Partners:** 





